MANIFESTO OF CARE

GESTURES OF CARE FOR THE EVERY DAY

SIT ON THE FLOOR
BE OUTDOORS
PRIORITISE THOSE IN NEED
CHECK ON OTHERS
SIT SIDE BY SIDE IN SILENCE
SIT CLOSE TOGETHER
LET OTHERS BRUSH YOUR HAIR
WRITE, DRAW OR MAKE TOGETHER
MAKE GROUP DECISIONS
GATHER WITH YOUR FAMILY

ATTITUDES OF CARE FOR LIFE

SPEAK AND SMILE
ALLOW DIFFERENCE
REPEAT ACTIONS YOU BELIEVE IN
REBEL WITH HUMOUR
REFLECT OFTEN
THINK OF IDEAS AND SOLUTIONS
LIVE LIKE A SHADOW
CARE FOR HUMANITY AND FOR OTHERS
BE CONCERNED FOR THE FUTURE OF THE WORLD
BE SAFE (FROM THE WIDE WORLD)

ACTS OF CARE IN EMERGENCY

PROVIDE PROTECTION
LOOK FOR UNDERRATED HISTORY
LOOK FOR OVERLOOKED INVENTIONS/INVENTORS
BUILD BRIDGES TO HELP OTHERS ESCAPE WAR
PUSH OUT THE BODY OF HATE
CLOSE THE DOOR ON WAR
CLOSE THE GAP ON VIOLENCE
UN-NORMALISE CRUELTY