

Sound is like energy that makes us move. Sometimes we move a tiny bit, like tapping a finger, at other times we move our whole body, like dancing.

Use this lesson plan with a friend and learn how to visualise sounds and make music with drawings.

Artist Nia Fekri makes short films and video works. To compose the music and sound for her films, she sketches her ideas on paper. She works in collaboration with musicians to interpret the drawings. Nia lives in London where she also performs poetry alongside sounds.

## You Draw My Hum

# TOOLS FOR SOLIDARITY

a lesson plan developed as part of *Tools for Solidarity* by RESOLVE Collective



# TOOLS FOR SOLIDARITY

Lesson Plan  
by Nia Fekri

Nia Fekri is an Iranian-British multidisciplinary artist and educator working primarily with moving-image, writing and performance. She received a BA from Slade School of Fine Art. Her work often deals with modes of storytelling and the ways stories of structure everyday realities and fictions. She is driven by the need to register the fragmentary and ghostly nature of immigrant experiences, familial relationships and intimate spaces. As an educator-facilitator, Nia's focus is on collaborative storytelling and speculative exercises through various mediums. Her most recent projects have been in collaboration with UCL Art Museum, The Mosaic Rooms and the British Film Institute.

## About the Artist!

## Sound on!

Lay your drawings next to each other and discuss their sounds.

Which symbol stands for which sound?

Think about how you start and end. Is it loud, is there a pause with silence?

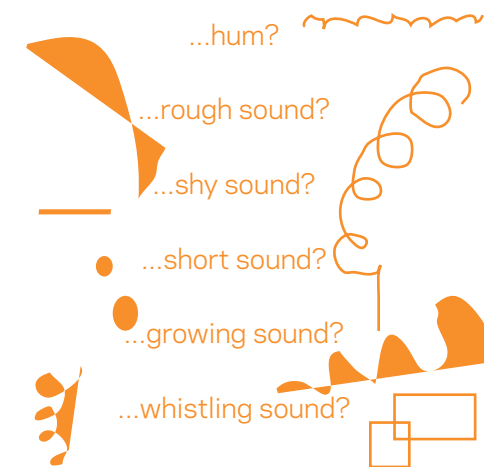
Take your instruments - or an empty plastic bottle, fill it with dry rice or beans, or use a stick, your voice, the lid of a pot, a whistle...

Improvise!

Note: How do you move when making those sounds?

## Become a composer

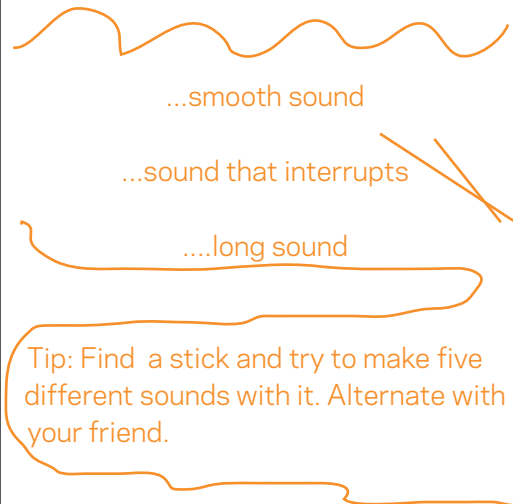
How would you draw a...



Tip: Draw dots, waves, lines, circles, spirals with different colours.

## Soundhunting

Hunt for a sound where you are. Try and show your friend what makes a...



## Listen to your body

Find a nice spot outdoors, invite a friend to join you. Open your arms and look up to say hello to the sun.

Take a deep breath.

Bend down and stretch.

Cross your arms, tap your shoulders, and listen to the sound. Repeat five times.

Continue tapping your body with your hands whilst bending down and rising up again.

Close your eyes. Listen to what you hear around you. Tell your friend.



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